

## **Baked Bacon-Wrapped Chicken Thighs**



### Ingredients:

6 boneless, skinless, chicken thighs  
6 slices thick-sliced bacon  
1/2 cup brown sugar  
1 teaspoon paprika  
1/4 teaspoon dried parsley flakes  
Dash garlic powder

### Directions:

1. Preheat oven to 350 degrees F.
2. Cover a jelly roll pan with foil. Place a rack on the pan and coat with nonstick cooking spray.
3. Cut chicken thighs in half. Cut each bacon slice in half. Wrap each chicken thigh with bacon and place on rack in pan.
4. Stir together brown sugar, paprika, parsley and garlic. Sprinkle over chicken and rub in.
5. Bake at 350 for 40 to 45 minutes or until chicken registers 180 degrees.