

“Nomato” Sauce (Tomato-Free Red Sauce)

Ingredients:

- 6 carrots, peeled and chopped into 1 inch pieces
- 1 (15 oz) can of sliced beets, drained
- 1/2 of a large onion, cut into large pieces
- 3 celery ribs, chopped into 1 inch pieces
- 1 & 1/2 cups water
- Italian seasoning, garlic powder, salt, pepper & sugar to taste



Directions:

- Put all the veggies and water into a covered pot and bring to a boil over med-high heat. Reduce heat to low and simmer until veggies are soft.
- Pour into blender and blend until smooth. Blend in spices to taste, spicing appropriately for the dish you are using it in.