

Apple Crisp

Ingredients:

5 cups Golden Delicious apples,
peeled, cored and sliced
1/2 cup sugar
2 tsp gluten free flour
Dash of xanthan gum
1/2 tsp cinnamon
1/4 cup water



Topping:

1/2 cup quick oats
1/2 cup gluten free flour
1/2 tsp xanthan gum
1/2 cup brown sugar
1/8 tsp baking powder
1/8 tsp baking soda
1/4 cup non-dairy margarine

Directions:

Pre-heat oven to 350 degrees Fahrenheit.

Place the apples in a 8x8 glass dish. Combine the sugar, flour, gum and cinnamon and sprinkle over the apples. Pour the water evenly over the top.

Combine the oats, flour, gum, brown sugar, baking powder, baking soda and melted butter together. Sprinkle evening over the apples.

Bake for 45 minutes.